

**Fear, in it's many different forms,
is the major cause
when athletes fail to reach their full potential**



PRESENTS

Youth Sports Mind Magic™

This youth sports mental training utilizes totally new, cutting-edge, technology that completely and permanently eliminates all existing negative emotions, usually with only one or two sessions.

Youth Sports Mind Magic™ solves the following problems:

- You perform well in practice, but fail to do so in competition
- You are intimidated by another player(s)
- You do well in local games, but seem to lose your skill at the big events
- You are afraid of getting injured
- You lack self confidence - you think you are not good enough
- You back off when challenged
- You are coming off an injury and not playing as well as before getting hurt
- You are fearful or extremely nervous in games or competition
- You are afraid to do things that others of your age do readily
- You freeze up or choke when the score gets close
- You are afraid to do other things that are necessary to win

All training is custom designed for the special needs of each athlete and done one-on-one in private sessions, however parents of minor children are encouraged to sit in. Appointment times are available during normal business hours as well as evenings and many weekends.



Jack Rhodes, PhD
"Head" Coach

**Call now for your appointment
and play better for the rest of your career**

(405) 397-6690

Your Mental Gym

5909 Northwest Expressway
Suite 221
Oklahoma City